

Bynea Cycling Club's Policy:

Young Persons under 18 years and Vulnerable Adults

Scope of Policy

This policy is intended to cover Bynea Club's (BCC) activities, including but not limited to Club rides, Coached or Structured rides, Social events and Away trips.

Safeguarding:

Should ANYONE have occasion to suspect harm to a child or vulnerable adult, they should/have an obligation to report this to the Club Welfare Officer (CWO), whose contact details are displayed in the clubhouse, as well as on the website.

Drop-off and Pick-up for organised rides

The drop-off and collection of any member who is under 18 years of age, is the responsibility of the parent or guardian. It is expected that a responsible adult will drop-off and pick-up a child at the start and at the finish of any organised activity. The Club cannot be responsible for the welfare of a child, before or after an organised ride. A parent or guardian will need to sign a consent form confirming this before a child can participate in any activity.

The Club will require a contact number for every participating child or vulnerable adult, in case of an emergency. It is emphasised that whilst most rides begin and end at the clubhouse, some do not. This currently includes; Delta Lakes ride, Chain gang, Pembrey National road circuit and Carmarthen Velodrome. BCC endeavours to give at least 48 hours' notice for organised rides, with the starting and finishing points being clearly stated. Children and vulnerable adults may find the experience of joining a club ride less daunting, should a parent or guardian join the on the ride. Family participation is encouraged by the Club, generating the ensuing social interaction from it. Any activity on the open road for children under 14 years, would require an accompanying adult and a signed consent form.

Rider and Bike Preparation

Children and Vulnerable Adults should be prepared for club activities, by being adequately equipped. The responsibility for this lies with the parent/guardian. This should include:

Ensuring a safe and roadworthy bicycle, suitable for the proposed ride.

Ensuring suitable clothing for weather conditions, including a helmet to be worn throughout the ride.

Riders must carry identification details including an emergency number for contact, enough fluids, snacks, at least one spare inner tube with tyre levers and a pump and a small amount of money.

Participants should be present 10 minutes prior to the start of the exercise ready to go. The Lead Rider/Coach can then take a register of names and carry out a race briefing.

Lead Riders/Coaches have a right to make rider and bike checks prior to any group ride as a part of British Cycling's Coaching Practice. Participation by a child/vulnerable adult would be at the discretion of activity Lead Rider/Coach. This would include the consideration of the given route, as well as its difficulty and suitability particularly for young riders under 18 years and vulnerable adults. Where possible, a Buddy system" for young riders would be encouraged.

It would be obligatory for every child/vulnerable adult to provide an emergency contact number prior to participation. Contact details for the Ride Leader/Coach would always be available to any parent/guardian on request.

Ride Conduct

Bynea Cycling Club acknowledges that it has a duty of care to look after a child or vulnerable adult during an organised activity and keep them safe. BCC recognises that cycling on the open road is not risk-free and relies on BCC's experienced cyclists/Coaches and Lead Riders, along with parents and guardians too. BCC strives to adopt a "Child-focused" approach when managing an activity/ride for young people and/or vulnerable adults. Should a young rider/vulnerable adult become unwell or decide to abort, the Lead Rider/Coach must be informed. The Lead Rider/Coach (or appointed delegates), should accompany the rider in a pair to meet the parent/guardian, avoiding a "One child, one adult" situation, maintaining safety throughout the proceed.

Commitment to Young Persons under 18 years and Vulnerable Adults

Bynea Cycling Club acknowledges the Duty of Care to safeguard and promote the welfare of young persons under 18 years and vulnerable adults. The Club is committed to ensuring Safeguarding Practice reflects statutory responsibilities, government guidance and complies with best practice of British Cycling and British Triathlon Federations' requirements.

Conduct of Young People under 18 years and Vulnerable Adults

The taking of any illegal drugs is strictly forbidden. Such activity would be reported to parents/guardians and where appropriate, to the police. BCC recognises that young people under 18 years may want to drink alcohol at special events such as, the Annual Club Dinner or any other Bynea celebration where alcohol is served. Parents/Guardians should make themselves aware of this, as well as the law relating to this practice as cited below.

Conduct of Adults in the presence of children/vulnerable adults

The appropriate conduct of adult members in the presence of children and vulnerable adults is expected. This is particularly emphasised during social activities, such as the Annual Club Dinner and Away Trips. Conversations should be appropriate when minors are present, with the avoidance of bad language at any time.

Useful Contact:

<http://www.nspcc.org.uk/keeping-children-safe/taking-drugs-alcohol/underage-drinking/>

Childline 08001111 www.childline.org.uk

NSPCC Helpline: 0808 800 5000

Safeguarding Children: Working Together under the Children's Act 200 (Welsh Assembly Government 2007)