

## *Bynea Cycling Club*

### Code of Conduct for Cycling and Triathlon

A Code defines what is considered good and correct behaviour of all members of British Cycling and British Triathlon Federations.

*The aim of a Code of Conduct is to provide guidance for the Bynea Club, to maintain satisfactory standards and to make improvements where needed.*

### The Code is divided into four sections:

Rights: the basic rights of individuals taking part in cycling/triathlon.

Relationships: Guidance on personal relationships, particularly between coaches/others who may influence members.

Personal Behaviour: This outlines the conduct and behaviour expected at all levels involved within the Club.

Maintaining Standards: Supporting and implementing the Codes of Conduct and policies of British Cycling and British Triathlon Federations.

### Rights

It is essential that all people involved in cycling/triathlon, recognise and ensure that everyone has an equal right to participate in these sports.

Every effort should be made to treat each member as an individual, without experiencing fear, harassment or bullying.

All participants should be encouraged to recognise that both cycling, and triathlon may enhance a healthy lifestyle, thus protecting welfare in and out of sport.

All individuals should always be treated with respect, this includes children.

Discrimination on any level, whether race, colour, gender, marital status, sexuality, age, disability, occupation, religion, or political persuasion, will not

be tolerated. Discrimination would be challenged in any of its forms. Any discrimination should be reported and challenged.

Officers, Coaches, Members and Volunteers should build and foster open relationships with each other as well as with athletes, by respecting one another's opinion in an open and honest way. Regular Committee meetings may facilitate this, engaging with ideas and ideals which are both tangible and achievable.

### Relationships

Mutual respect underpins the ethos of any successful Club or Organisation. This principle applies to both adults and children. Everyone's opinion should matter and be valued, whether in a coaching situation or general discussion. Individuals should be empowered to share their thoughts and beliefs for the betterment of the sport that they are involved in.

Club Coaches/Officers should respect a position of trust, as well as the maintenance of appropriate boundaries with Club members. The engagement of sexual behaviour with a child under the age of sixteen, is illegal. This also includes, any sexual innuendo, flirting, or inappropriate gestures. This would include any online activity deemed to be harmful in this way. Such behaviour should be reported to the Welfare Officer immediately.

### Personal Behaviour

Those people who are in authority or influence as (role models), should not smoke, drink alcohol or use either recreational or performance enhancing drugs, whilst involved with the sport or its participants in any way. Complying with the anti-doping rules of British Triathlon and British Cycling Federations, is of paramount importance. Coaches and Officials have a responsibility to provide education and guidance on these issues, in line with UK Sport and Federation policy.

Proper personal behaviour should be always demonstrated, by Club Officers, and Members. This should be evident whether it be of language, manner, appearance or punctuality. Although high quality presentations may be demonstrated at times, it is vital that no one assumes responsibility for a role for which they are not qualified.

Any on-line Club activity which may bring the club into disrepute would not be condoned. The social media page and website should monitor activity to avoid this. Defamatory comments, name calling, or inappropriate photos should be not be tolerated and removed immediately, with an agreed action for the perpetrator(s).

### Maintaining Standards

The Bynea Club expects its Committee, Members, Coaches and Volunteers, to always uphold an approach of Best Practice, in or out of the Club. This would include upholding the good name of the Club, with positive examples. The following are examples of fair play behaviours for Coaches, Officials, Volunteers, Athletes, and parents too.

Follow all the rules, never seeking to deliberately break them.

Aim to compete fairly, using talent and ability. Refuse to win by illegal means or by cheating.

Respect all race and technical officials and their decisions.

Recognise and acknowledge the good performance of others.

Always maintain dignity and control.

Coaches should know the rules, always applying them with impartiality.

The development of professional relationships between Coaches, Lead Riders and Club Officials, should be underpinned with integrity. These people should have a high degree of self-awareness, with the ability to reflect critically on their own values and opinions. Communication and cooperation with other organisations may be developed for the best interest of the Members.

Central to this Code of Conduct, is the commitment to look after each other, that goes for everyone in our Club. It is incumbent on Members to seek the appropriate guidelines, for any concern of any Club member, this being especially so for a child/children.

*Bynea Safeguarding Group April 2021*

*Date approved by Committee...April 14<sup>th</sup> 2021.....*

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